

Velcro Walk Belt

Description:

The Walk Belt is designed to enable one or two carers to assist a patient from sit-to-stand and when walking. The handles are padded for maximum comfort and grip when assisting the user. The Walk Belt fastens using two velcro strips, allowing carers to easily fit the belt to the right size for the user.

The Belt can be wiped clean with a damp cloth and disinfectant, or hand washed up to 80°C.

The Walk Belt is available in a 5 sizes.

Dimensions:

Extra small fits waist from 58cm to 70cm

Small size fits waist from 69cm to 93cm

Medium size fits waist from 85cm to 110cm

Large size fits waist from 90cm to 117cm

Extra Large size fits waist from 108cm to 133cm



This is a guide only. We recommend you consult with your manual handling co-ordinator and/or your back care specialist.

Instructions for use:

Before using this product check that the patient can lean forward to a “Nose over toes” position. This ensures they can bear weight when standing and assist with the transfer. Before attempting a transfer you must explain clearly to the patient how you intend to perform transfer.

Fitting the Walk Belt

With the patient seated in front of you, lean the patient forward, place the belt behind their back and fasten in front of the patient.

From Sit to Stand with two carers

With one carer standing on either side of the patient, have the patient sit with their feet apart. Position the carer’s feet to block the patient’s feet from the front and their knees bent to block the patient’s knees. The carers should also maintain good upright posture with natural back curvature.

The carers each hold both handles on their respective sides of the patient. When ready to transfer, both carers should make eye contact. One carer should take the lead and count in. Lean the patient forward to the “nose over toes” position. Both carers then straighten their legs to stand whilst keeping their arms locked. This should be one fluid movement.

Do not use the Walk Belt to lift the patient

Walking with a Patient

With the right arm behind the patients back, the carer’s right hand holds the handle on the patient’s right side. The carers left hand holds the left handle and both hands pull outwards from the centre of the patients back. The carer must, when required, move their feet and body weight to counter that of the patient’s.

View our training video at www.patienthandling.com.au/how-to-use-a-walk-belt

The aid is a Class 1 Medical Device (non-invasive and non-sterile).