

## Bed Heel Elevator

### Description:

Made from contoured foam, the Bed Heel Elevator supports the ankle whilst maintaining patient comfort, reducing the risk of pressure sores on the calf and increasing blood and lymph flow in the area.

The Bed Heel Elevator has a sweat-resistant, removable nylon cover that can be washed at 80°C to comply with infection control procedures.

The Bed Heel Elevator can be used in conjunction with the Foot Drop Support to maintain the ankle in good position and prevent pressure sores caused by foot drop.

### Dimensions:

H 10cm, W 20cm, L 46cm

### Instructions for use:

Position the patient's calf in the centre of the Bed Heel Elevator, with the patient's heel suspended in the air above the mattress. If required, a cotton sheet can be draped over the Bed Heel Elevator to prevent sweating by patients.

The Bed Heel Elevator can be used with patients positioned in long sitting, supine or on their side and can be used under each calf for bilateral disorders.

When the device is used with patients unable to mobilize their own ankle, a carer or nurse should periodically reposition the elevator up and down the calf to facilitate blood flow and ensure an even spread of pressure over the back of the leg.



*The aid is a Class 1 Medical Device (non-invasive and non-sterile).*